

HOPE SOLUTIONS

The Heart of Housing and Services

Formerly Contra Costa Interfaith Housing

July-September 2023 Opportunities for Involvement



After School Support: It is the perfect time to start getting ready to volunteer at our after school programs this fall. Make a difference in a child's life while providing academic support and mentoring at one of our on-site after school programs. We need compassionate and patient volunteers at all of our sites: Pittsburg, Concord, and Pleasant Hill. We ask volunteers to commit to one afternoon in a weekly or bi-weekly basis for the school year. Adults and high school sophomores and above, are highly encouraged to volunteer. All after school volunteers must complete a vetting process. If you are interested in volunteering in our after school programs, please contact Sandibel Arnold at sarnold@hopesolutions.org to get started.



Summer Backpack Drive: Join us in setting up our students for a successful school year. With your help, we hope to deliver over 600 backpacks to homeless and low-income students in our programs. This year, we have two great options for you to support our backpack drive. The **first option** is to sign up to provide a fully packed backpack; you can sign up [here](#). The **second option** is to make a monetary donation [here](#); donations will be used to purchase supplies and backpacks. We plan on having a Packing Party on July 26th where we will be inviting the community to come out and help us pack backpacks. If you have any questions about this year's backpack drive, please contact Sandibel Arnold at sarnold@hopesolutions.org.



GPA Resident Monthly Resident Dinners: Share a meal with our residents at Garden Park Apartments (GPA) in Pleasant Hill. Our residents at GPA have their resident meeting every second Thursday of the month, where we invite our community members to host dinner for the residents attending. If you would like to host dinner for our residents at GPA you can sign up [here](#).



Welcome Baskets and Ready to Go Move-In Kits: Every month we have families and individuals moving into homes. Help us welcome them into their new home by providing welcome baskets and ready to move in kits. **Welcome baskets** can be a small laundry basket filled with essentials such as bath towels, cleaning supplies, and toiletries. Ready to move in kits should include: 4 plates, 4 bowls, 4 glasses, and 4 sets of flatware including spoons, forks, and butter knives. **Move-In Kits** should be boxed and ready to go which include cooking utensil kits (mixing spoons, tongs, and spatulas). Welcome baskets and move-in kits can be dropped off at the office. For more information, please contact Sandibel Arnold at sarnold@hopesolutions.org.



Seeking In-Kind Donations:

- \$25 gift cards to Grocery Outlet, Food Maxx, Walmart, Safeway or Target
- Menstrual products of all kinds
- Diapers sizes 1-6 and wipes
- \$5 Starbucks and Jamba Juice gift cards
- Cleaning Supplies
- Find a list of all items needed at this time [here](#).

Stay informed!

- ✓ Sign up for the Housing Matters Monthly eNewsletter [here](#)
- ✓ Like us on Facebook [here](#)
- ✓ Follow our Hope Solutions Helpers Group [here](#)
- ✓ Follow us on Instagram [here](#)

For more information, please visit our website at <https://www.hopesolutions.org/volunteer/> or contact Sandibel Arnold at sarnold@hopesolutions.org or 925-788-3676

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